

# AGENDA SUPPLEMENT (1)

**Meeting:** Health and Wellbeing Board

**Place:** Online

**Date:** Thursday 28 January 2021

**Time:** 9.30 am

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**The Agenda for the above meeting was published on 20 January 2021. Additional documents are now available and are attached to this Agenda Supplement.**

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## 8 **Children's Health** (Pages 3 - 14)

- Presentation Slides; and
- A note from the Director, Families & Children's Services, Martin Davis:

*Clinical Commissioning Groups (CCGs) were created following the Health and Social Care Act in 2012, and replaced Primary Care Trusts on 1 April 2013. They are clinically-led statutory NHS bodies responsible for the planning and commissioning of health care services for their local area. As of 1 April 2020, following a series of mergers, there are 135 CCGs in England.*

*The BSW CCG was formed in April 2020 when Bath and North East Somerset, Swindon and Wiltshire Clinical Commissioning Groups joined together. BSW serve a population of 934,000 people and have an annual budget of £1.3bn.*

*The attached spreadsheet illustrates the range of services that BSW CCG commission and the relative responsibilities of the CCG*

9 **Mental Health Community Service Framework (Pages 15 - 24)**

- Presentation Slides

DATE OF PUBLICATION: 26 January 2021

# Health & Wellbeing Board

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## Covid 19 - impact on children

### Presenters



# Content:

## 1. Context

## 2. Current situation

- **Parent carer feedback**
- **Community healthcare**
- **CAMHS**
- **Education**
- **Social care**

## 3. System challenges & response

# Context- children's services

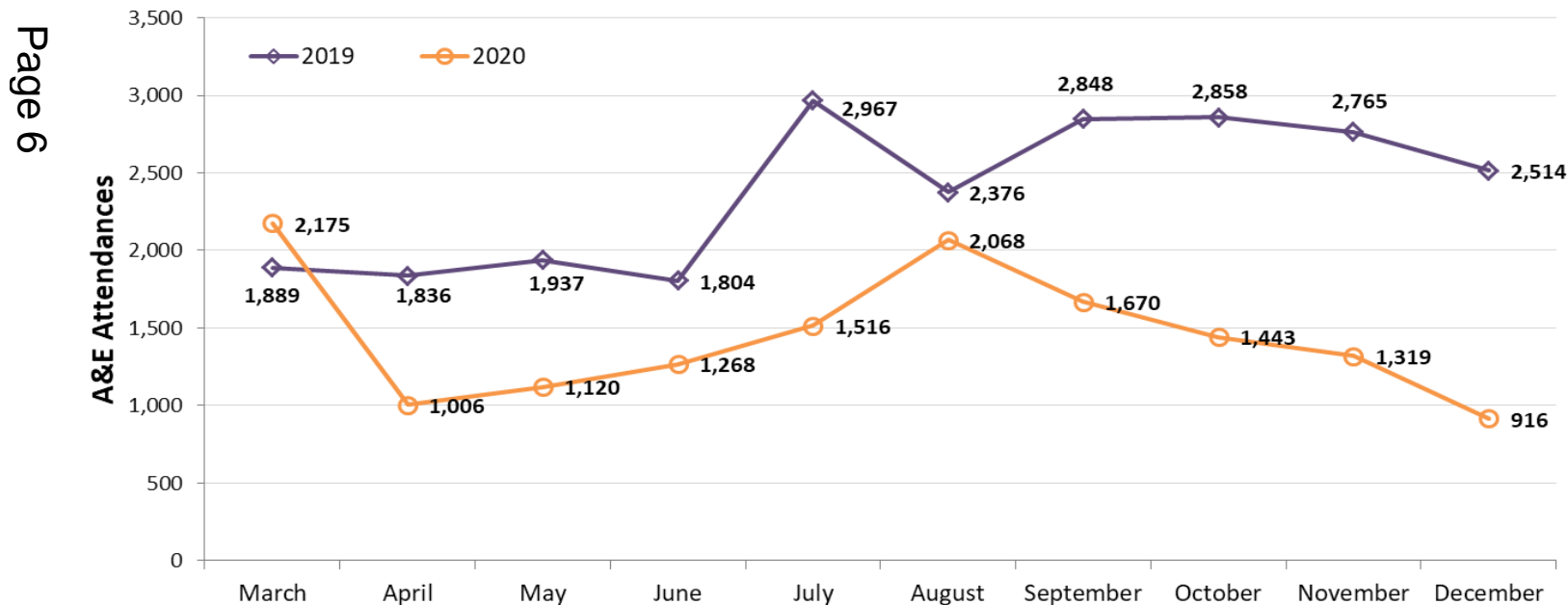
- The focus of Covid response for children & young people has related, in the main, to minimising the impact of the restrictions as a result of Covid on CYP, rather than managing the outbreak of Covid itself
- Health services have not seen significant numbers of CYP requiring medical treatment for Covid related symptoms, but instead have needed to work alongside colleagues in education and social care to mitigate the risks of:
  - Delays in parent carers seeking medical advice for non-Covid but potentially urgent conditions or symptoms
  - Reduced visibility of potentially vulnerable CYP to services as a result of lockdown. Safeguarding professionals in providers are working closely with designated professionals and within multi-agency meetings to discuss areas of concern
  - Family or placement breakdown due to the pressures of caring for CYP with complex needs at home with significantly reduced respite, or escalating behaviours that challenge as a result of changes to routines and increased anxiety
  - Inability to access education due to being clinically extremely vulnerable
  - Increased anxiety and deteriorating mental health of CYP

# Current Situation- Acute hospitals

Acute hospital Covid admissions for under 18's:

Time period	GWH	RUH	SFT
Mar-Nov 20	0	10	10

A&E attendances for under 18's:



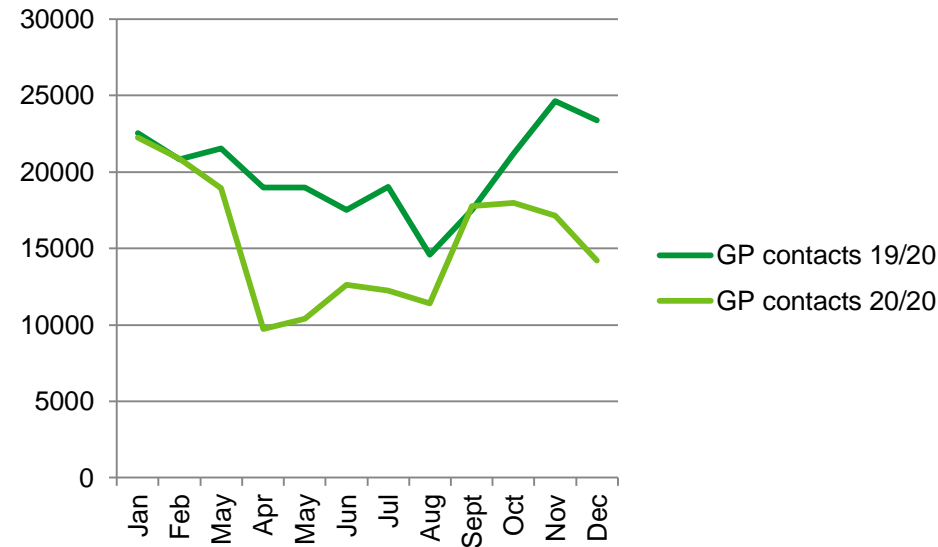
There has been a significant decrease in the number of A&E attendances in acute trusts, and often later presentation. This has been a national trend and is of significant concern for paediatricians- local and national communication efforts are being made to encourage concerned parents to seek medical advice

# Current Situation- Acute hospitals

- Significant pressure on children's inpatient beds due to mental health, escalations in behaviours or social care needs (approx. 75% of the paediatric bed base currently in Salisbury). Commissioners are working with community providers and social care to identify ways in which we can support the ward with these cases going forwards
- Paediatric junior doctors and consultants are supporting adult colleagues in some areas with the management of patients on other wards
- Majority of elective surgery has been cancelled, leading to long waiting lists. There is potential longer term impact on development for some children (i.e. speech & language for children awaiting cleft palate repair) and repeated courses of antibiotics or prolonged pain for some. We are working with our acute commissioning colleagues to ensure that children are appropriately prioritised in theatre and waiting list recovery plans
- Currently outpatient clinics are running as normal, although an increase in inappropriate referrals has been noted, possibly as a result of fewer face to face examinations in primary care
- High rates of staff absence in some areas due to Covid or the need to self isolate

# Current Situation- Primary care

Overall appointments for CYP in primary care are down on last year:



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There has been a significant increase in the use of virtual consultations for CYP, however face to face appointments do continue to be provided:

	Face to face	Virtual
Months 1-10 2019/20	74%	26%
Months 1-10 2020/21	56%	44%



# Current Situation- Community health

- Children's community health services currently operating as Business as Usual, with a default virtual provision unless clinically indicated
- Some provision of face to face as standard, such as:
  - New birth visits from health visitor and 6 week universal contacts
  - Children and families with safeguarding concerns
  - Any child requiring a physical examination
  - Looked after children's Initial Health Assessments
- All services operating within waiting time targets excepting Paediatric Audiology and the Autism Assessment Service
- Business continuity plans are in place, but have not yet been called upon, to maintain provision of priority services such as Children's Continuing Care
- Staff for priority areas are being included within the BSW vaccination programme priority roll out
- Children's Immunisation programme (non Covid) continuing to be delivered with the support of schools
- Clear message that services continue to run as normal and referrers or parent carers should continue to contact the service if they have concerns about a child
- Virtual school drop ins and groups being offered.

# Current Situation- CAMHS

- Referrals returning to or above pre-Covid levels. Overall, referrals to CAMHS fell by 30% between Mar and Jun 2020. Since July, referrals began to increase and are now returning to expected levels. Since Jul 2020 there was a sharp increase in eating disorder referrals and crisis presentations to A&E departments across BSW. Increase in acuity and complexity – hot spots include LD/ASD, CYP ED and psychosis presentations.
- National shortage of CYP Inpatient Mental Health beds – NHSE and national work to explore alternatives. Regional Task Group established by NHSE.
- Increased anxiety amongst CYPF and impact of wider determinants of mental health such as housing, employment and family breakdown.
- Service provision has continued as 'normal' and workforce has remained stable, with digital appointments being offered where suitable and face to face where this is clinically indicated.
- Focus on self-help tools, resources and hints & tips coproduced with CYP on our refreshed website [www.oxfordhealth.nhs.uk/CAMHS](http://www.oxfordhealth.nhs.uk/CAMHS)
- Continued offer of help to pupils working alongside school staff via our Mental Health Teams in Schools
- Establishment of CAMHS helpline in and out of hours
- Progressing successful bids in line with NHS Long Term Plan, including Crisis Resolution and Home Treatment and enhanced CYP ED.

# Current Situation- Emotional wellbeing

- Young people are less happy, not sleeping as well, exercising less, feeling more anxious and isolated. Exacerbated by communication difficulties, insecure housing, pre-existing mental health issues, asylum seeking status, other structural barriers
- Increased demand for Care, Education & Treatment Reviews for CYP with learning disability/autism who are at risk of psychiatric hospital admission. Process for CETRs and Dynamic Support Register under review to improve early intervention and prevention
- Barnardo's service, focusing on early intervention and prevention, mobilised in July 2020. It supports CYP aged 5-18 with mild to moderate MH problems, providing counselling, group activities (online during COVID) based on 5 Ways to Wellbeing framework. Relate are also providing online counselling to primary-aged children during lockdown
- Wiltshire CYP mental health network set up in November – brings together stakeholders to share best practice, training and opportunities and innovation
- Mental health support teams in schools – two new MHSTs started in Wiltshire, with a third starting in 2021. MHSTs support to primary and secondary schools to take a whole school approach to EWMH, providing training and support to staff, group work and 1:1 sessions
- For more information on services, please visit the On Your Mind website (<http://www.onyourmind.org.uk>), which provides directory of EWMH support for young people aged 0-19.

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**Health Services for Children & Young People**

Service	Provider	Brief Description	LA Responsibility	CCG Responsibility
CAMHS	Oxford Health	Mental Health Services. Inc. eating disorders/ARFID; SARC; harmful sexual behaviours & CSE; mental health liaison; crisis; in-reach; SPA; talking therapies; clinical psychiatry & psychology; mental health support teams in schools		X
Children's Hospices	Naomi House	Hospice Care		X
	Children's Hospice South West	Hospice Care		X
	Helen House	Hospice Care		X
Primary Care	GP's	All primary care		X
<b>Community Health Care</b>				
Speech and language	Virgin Care	Universal Services		X
Speech and language	Virgin Care	Specialist / Targetted services for children with SEND in education	X	
Health Visitors (PH)	Virgin Care	leading the delivery of the Healthy Child Programme 0-19. A large part of the delivery includes 5 health reviews, beginning in pregnancy, and the delivery of the National Child Measurement Programme (NCMP)	X	
School Nursing (PH)	Virgin Care	a licenced programme of intensive support for expectant young parents who conceive at the age of 19 or under. Support is provided from pregnancy until their child's second birthday.	X	
Family Nurse Partnership (PH)	Virgin Care			
Community Paediatrics	Virgin Care			X
Integrated Therapies	Virgin Care	Physiotherapy & Occupational Therapy		X
Children's Community Nursing Services	Virgin Care			X
Children's Continuing Care	Virgin Care	Long term health conditions		X
Learning Disability Nursing Services	Virgin Care			X
Looked After Children's service	Virgin Care	IHA / RHA		X
Children's Safeguarding Services	Virgin Care	Named nurses & specialist safeguarding nurses		X
Paediatric Audiology (West Wiltshire only)	Virgin Care			X
Children's Continence Service	Virgin Care			X
Portage	Wiltshire Portage	portage services early years (CCG make partial contribution)	X	
District Specialist Centres	Springboard North Wilts Opportunity Group Devises and District Opportunity Centre John McNeill Opportunity Centre Stepping Stones - West Wiltshire Opportunity Group	early years SEND specialist provision (CCG make partial contribution)	X	
Tier 4 inpatient psychiatric beds (commissioned by NHSE)	Various	<5 CYP in Wiltshire at any one time		NHS England
Healthy Minds	Barnardos	Supports CYP aged 5-18 with mild to moderate MH problems. Inc. On Your Mind portal, counselling for CYP not on CAMHS caseload. LA is lead commissioner but funding in main from	X	
Peer Mentoring (Kidscape)	Kidscape	Support CYP mental health & wellbeing		x
Time to Talk Counselling Project	Relate	Counelling in primary schools		x
Parenting programmes	Wiltshire Council	CCG funded		x
SEMH/SOMEHOW project activities	Various - coordinated by Council	MDT approach to early support	x	x
Sexual assault counselling	Revival	Ends in march 2021		x
Advocacy	Wiltshire Advocacy People	Stat and non-stat advocacy for CYP	x	x
Appropriate Adult services	Caring for Communities & People (CCP)	Mainly adults, but some CYP. Provides support for people in custody.	x (and Police)	

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# Mental Health Community Service Framework

Claire Edgar

Director Adult Social Care Operations  
(Mental Health and Learning Disabilities)

# What the CSF is:

This briefing provides an update on our co-created system response to the national Community Mental Health Services (CSF) Framework. This is the vehicle to deliver at pace revolutionary change to the community provision of support for people ( over 18) across the BSW area.



# How this will happen:

The proposed new model has been co-created across the system and will be based on a Primary Care Network geographical footprint. A total of £10.3million is available for BSW across three years to support delivery via a non-competitive bid process. This will include investment in the third sector, primary care, community and secondary mental health provision. Our initial response needs to be submitted on Nov 18<sup>th</sup> 2020 with a final submission on March 3<sup>rd</sup> 2021.

# What does the model need to deliver?

- The following are the nationally mandated delivery elements:
- Deliver flexible, easy and clear means of access across emotional wellbeing and mental illness
- Timely access – work to achieve max 4 week referral to assessment
- Adopt a single assessor/trusted assessment approach
- Maximise continuity of care
- Remove cliff-edge pathways

# And:

- Work with people who have the most complex and debilitation longer-term care needs.
- Demonstrate a system approach which addresses wider social determinants of mental health
- Addresses both non-clinical and social needs
- Be co-produced
- Address inequalities
- Meet NICE guidance and pathways
- Have full system buy-in – formal sign off of plans

# Criteria is:

All proposals for new 'core' models will need to adopt the principle of inclusivity and must have consideration and plans for the following groups:

- Older adults
- Young adults up to 25 years old
- People with complex mental health difficulties
- People with eating disorders
- People with co-existing substance misuse difficulties
- People with co-existing neurological conditions
- People coming back into their local communities
- People who self harm

# BSW proposed model will:

- Move from [often repeated] assessment to intervention
- Self-directed support and intervention
- Warm transitions along pathway with removal of referral and discharge thresholds, and inclusion/exclusion access criteria
- Collaborative “one team” partnership working along whole community pathway
- \*Syncing approach that brings in more intervention and expertise based on need to enable resource, expertise and specialisms to be drawn to a person supporting them directly in an adjust way, or to provide supervision, training and/or consultation to the multi-disciplinary team/cog working with them directly i.e. ED, LD/autism, CAMHS

# And:

- The Model will enable enhanced support for relapse prevention by community services, with the capacity and expertise to proactively follow up and ensure wellbeing gains are maintained, circling people back into support as required
- Pathway flows from PCNs – system model that is locally adapted
- Access by 16+
- Cessation of cliff ages – through being needs led, warm hand overs and proactive follow up the model with ensure that all requiring support receive appropriate needs based care, support and treatment as required.

# Next Steps

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